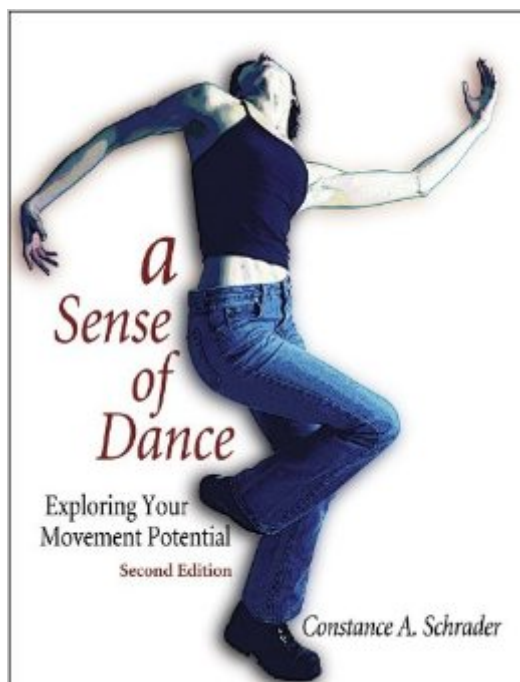


The book was found

A Sense Of Dance - 2nd Edition: Exploring Your Movement Potential



Synopsis

A Sense of Dance: Exploring Your Movement Potential, Second Edition, is written for true beginnersâstudents who are exploring the art form for the first time and are not likely to describe themselves as dancers. Through this text, students discover that dance is an accessible art form that can bring greater self-awareness and self-confidence. It helps new dancers learn how to express themselves through dance. This second edition, based on an already-successful textbook, features three new chapters that add even more depth to the topics covered. The chapters address the power of dance through time and place, culture, and community; a sense of style; and patterns of coordination. Like the first edition, this empowering text uses an interactive approach to invite students to learn about dance through everyday experiences, personal observations, and guided experiences. The following are some of the special elements in the text:

- Inside Insights • encourage students to reflect on interesting observations that may affect their movement and expression.
- Try This Experiment • exercises are guided physical explorations of concepts in the text that help students become more kinesthetically aware of their movements and discover new ways of moving.
- Think About It • sections require students to reflect on how they can apply the information presented. These considerations provide good material for journal entries.
- Your Turn to Dance • provides two opportunities per chapter for students to work in small groups to discover movement possibilities, solve problems, and hone their observation and evaluation skills. These become springboards for choreography that reinforces the concepts in the chapter and provide another adventure of exploring movement potential. The author uses a basic movement vocabulary that you can use to describe and evaluate movement possibilities, improve sensitivity when working in groups, develop critical-thinking skills, and express ideas and emotions through movement. The book also contains these features designed to help students personalize and interact with the content:

- Short quizzes
- Highlight boxes
- Self-assessment exercises
- Updated, easy-reference index

Whatever your students' level of artistic awareness, this engaging text will inspire innovation and help you guide students in the discovery of their own creativity and sense of dance. v

Book Information

Paperback: 216 pages

Publisher: Human Kinetics; 2 edition (March 26, 2004)

Language: English

ISBN-10: 0736051899

ISBN-13: 978-0736051897

Product Dimensions: 0.8 x 8.5 x 10.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #512,138 in Books (See Top 100 in Books) #96 in Â Books > Textbooks > Humanities > Performing Arts > Dance #408 in Â Books > Arts & Photography > Performing Arts > Dance #421 in Â Books > Textbooks > Reference > Encyclopedias

Customer Reviews

A delightful, thorough and original review of the many skeins that weave through dance. The three chapters on choreographing were unbelievably helpful as I went through the process of making some of my own dances. Like having a trusted friend talk you through the process. I was able to critically examine and revise (or throw-out!) some of the elements I was using. As the previous reviewer noted, a unique and particularly helpful aspect of this book is the numerous movement and compositional exercises the author walks (dances) you through.

I just bought this offline to avoid having to pay more at my school's bookstore. It serves its purpose. Thanks

[Download to continue reading...](#)

A Sense of Dance - 2nd Edition: Exploring Your Movement Potential Teaching Movement & Dance: A Sequential Approach to Rhythmic Movement How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Exploring the World of Chemistry: From Ancient Metals to High-Speed Computers (Exploring Series) (Exploring (New Leaf Press)) Dramaturgy in Motion: At Work on Dance and Movement Performance (Studies in Dance History) 5 Things You Can Do Right Now to Lower Your Auto Insurance Premium: Making Sense of Insurance (Making Sense of Insurance Blog Post Book 3) PRE-ALGEBRA MAKE SENSE, BOOK 3, PATTERNS OF FACTORS AN MULTIPLES, STUDENT EDITION (Pre-Algebra Makes Sense) PRE-ALGEBRA MAKE SENSE, BOOK 3, PATTERNS OF FACTORS AN MULTIPLES, STUDENT EDITION (Pre-Algebra Makes Sense) Adventures in Singing: A Process for Exploring, Discovering, and Developing Vocal Potential 101 Movement Games for Children: Fun and Learning with Playful Movement (SmartFun Books) Politics of Touch: Sense, Movement, Sovereignty Perrine's Sound and Sense: An Introduction to Poetry (Perrine's Sound & Sense: An Introduction to Poetry) Dancing Lessons: How I Found Passion and Potential on the Dance Floor and in Life African Dance Trends (Dance and

Fitness Trends) (Dance & Fitness Trends) Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Tap Dancing (Dance, Dance, Dance) Social Dance from Dance a While (2nd Edition)

[Dmca](#)